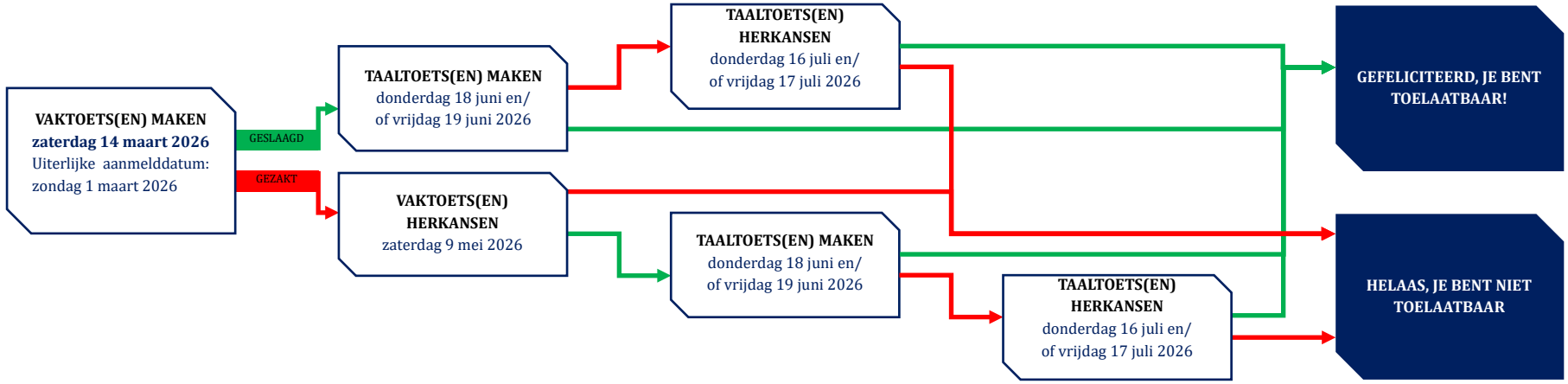Data 21+-TOELATINGSONDERZOEK instapmoment zaterdag 14 maart 2026